



## Trail 25km - Saturday 22 March 2025

Distance	Overall position	First name	Last name	Race number	Gender	Finish status	Age category	Finish time	Club
Trail 25km	1	Nicola	PENTY-ALVAREZ	2109	Female	Finished	OPEN	01:58:12.2	HILLINGDON AC
Trail 25km	2	Patrick	GRIFFIN	2111	Male	Finished	V50	01:58:55.3	HILLINGDON AC
Trail 25km	3	Jonathan	MARTIN	2084	Male	Finished	V50	02:05:54.3	EALING EAGLES RUNNING CLUB
Trail 25km	4	Charlotte	WHITFIELD	2071	Female	Finished	V40	02:06:58.8	
Trail 25km	5	David	JOLLIE	2112	Male	Finished	V50	02:08:07.1	EALING EAGLES RUNNING CLUB
Trail 25km	6	Ben	HAGREEN	2108	Male	Finished	V40	02:11:09.7	
Trail 25km	7	Michael	GRANT	2097	Male	Finished	V40	02:11:12.5	
Trail 25km	8	Dominic	WALLACE	2095	Male	Finished	V60	02:13:28.6	EALING EAGLES RUNNING CLUB
Trail 25km	9	Luke	ZAPARANIUK	2113	Male	Finished	OPEN	02:14:07.5	EVO TRI
Trail 25km	10	Robert	BROWN	2082	Male	Finished	V50	02:15:46.3	EALING SOUTHALL & MIDDLESEX AC
Trail 25km	11	Jack	FURNISS	2107	Male	Finished	V40	02:16:06.3	
Trail 25km	12	Dan	BLAND	2114	Male	Finished	V40	02:16:06.7	
Trail 25km	13	Jane	WHITTAKER	2101	Female	Finished	V50	02:20:07.8	WEST 4 HARRIERS
Trail 25km	14	Tom	NEWMAN	2069	Male	Finished	V40	02:20:09.1	WEST 4 HARRIERS
Trail 25km	15	Helen	QUINN	2032	Female	Finished	V40	02:21:27.0	WEST 4 HARRIERS
Trail 25km	16	Katy	LAWRENCE	2106	Female	Finished	V40	02:21:30.6	
Trail 25km	17	Ginny	MILLS	2002	Female	Finished	V50	02:21:36.4	
Trail 25km	18	Emre	KOSE	2088	Male	Finished	OPEN	02:21:39.4	
Trail 25km	19	Matthew	MORTIMER-RYAN	2118	Male	Finished	V40	02:23:12.6	
Trail 25km	20	Jonny	BRAMLEY	2094	Male	Finished	V60	02:23:39.0	EALING EAGLES RUNNING CLUB
Trail 25km	21	Lara	BENCINI	2085	Female	Finished	OPEN	02:23:42.7	EALING EAGLES RUNNING CLUB
Trail 25km	22	Nayane	FERREIRA	2033	Female	Finished	OPEN	02:24:38.5	BLACK GIRLS DO RUN UK
Trail 25km	23	Rachel	FOSTER	2077	Female	Finished	V40	02:25:42.0	
Trail 25km	24	Mark	RANDALL	2105	Male	Finished	OPEN	02:27:34.7	LONDON FRONTRUNNERS
Trail 25km	25	Suzanne	ALLEN	2098	Female	Finished	V40	02:27:43.3	EALING EAGLES RUNNING CLUB
Trail 25km	26	Werner	SCHÜTZ	2115	Male	Finished	V40	02:27:53.3	EALING EAGLES RUNNING CLUB
Trail 25km	27	Ruden	BHUTIA	2110	Male	Finished	OPEN	02:28:21.2	
Trail 25km	28	Sarah	SPRIGGS	2073	Female	Finished	OPEN	02:30:37.5	



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Trail 25km	29	Catryn	REES	2092	Unknown	Finished	OPEN	02:30:45.7	
Trail 25km	30	Paul	LITTLEWOOD	2096	Male	Finished	V50	02:30:57.9	
Trail 25km	31	Lourdes	AGAPITO-VICENTE	2117	Female	Finished	V50	02:33:29.5	
Trail 25km	32	Tom	DAVIES	2090	Male	Finished	V40	02:34:57.6	EALING EAGLES RUNNING CLUB
Trail 25km	33	Stu	PLUMB	2102	Male	Finished	V40	02:36:00.0	
Trail 25km	34	Dom	SCOTT	2091	Male	Finished	V40	02:36:22.8	
Trail 25km	35	Tara	KOSE	2089	Female	Finished	OPEN	02:37:54.2	
Trail 25km	36	Tamara	O'SULLIVAN	2066	Female	Finished	OPEN	02:38:40.9	
Trail 25km	37	Tom	BURNS	2051	Male	Finished	V50	02:39:22.6	
Trail 25km	38	Steven	POOLE	2039	Male	Finished	V60	02:41:45.5	
Trail 25km	39	Levi	BUCKLAND	2028	Male	Finished	OPEN	02:41:56.9	
Trail 25km	40	Rebecca	KNIGHT	2036	Female	Finished	V40	02:41:57.7	WEST 4 HARRIERS
Trail 25km	41	Ian	WIMSETT	2046	Male	Finished	V60	02:42:38.8	EALING EAGLES RUNNING CLUB
Trail 25km	42	Sean	CONNOLLY	2060	Male	Finished	V40	02:42:56.5	
Trail 25km	43	Keith	ROBERTS	2057	Male	Finished	V50	02:43:01.6	
Trail 25km	44	Nurideen	BASHIR	2054	Male	Finished	V40	02:43:17.7	
Trail 25km	45	Rachel	HEARSON	2052	Female	Finished	V60	02:43:23.1	EALING EAGLES RUNNING CLUB
Trail 25km	46	Robert	KIPLING	2081	Male	Finished	V60	02:43:30.7	EALING EAGLES RUNNING CLUB
Trail 25km	47	Carole	O'LEARY	2120	Female	Finished	V50	02:43:32.0	CAMINO ULTRA
Trail 25km	48	Anuj	GHAI	2030	Male	Finished	V50	02:44:20.8	
Trail 25km	49	Laura	HUGHES	2100	Female	Finished	OPEN	02:46:28.2	
Trail 25km	50	Áine	YUE	2104	Female	Finished	V40	02:46:51.3	
Trail 25km	51	Helen	HICKMAN	2116	Female	Finished	V50	02:47:18.3	
Trail 25km	52	Sophie	PESTICCIO	2053	Female	Finished	V50	02:47:29.9	EALING SOUTHALL & MIDDLESEX AC
Trail 25km	53	Monika	MANIAK-GRIFFITHS	2093	Female	Finished	V40	02:47:36.1	
Trail 25km	54	Dennis	MOONEY	2074	Male	Finished	OPEN	02:48:42.5	
Trail 25km	55	Michelle	GRIMLEY	2059	Female	Finished	V40	02:49:33.6	WEST 4 HARRIERS
Trail 25km	56	Gavin	HAYNES	2076	Male	Finished	V50	02:50:40.4	EALING EAGLES RUNNING CLUB



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Trail 25km	57	Zuzana	SAMAJ	2040	Female	Finished	OPEN	02:50:47.3	
Trail 25km	58	Gina	GOUVINHAS	2043	Female	Finished	OPEN	02:51:10.7	EALING EAGLES RUNNING CLUB
Trail 25km	59	Federico	CLONFERO	2072	Male	Finished	V50	02:53:00.9	
Trail 25km	60	Oluwaseun	ADEDEJI	2013	Female	Finished	OPEN	02:53:01.1	BLACK GIRLS DO RUN UK
Trail 25km	61	Manon	LEWIS	2099	Female	Finished	OPEN	02:53:48.6	
Trail 25km	62	Cameron	SIDHU	2087	Male	Finished	V40	02:55:00.8	EALING EAGLES RUNNING CLUB
Trail 25km	63	Kiki	ABAY	2045	Female	Finished	OPEN	02:57:01.3	BLACK GIRLS DO RUN UK
Trail 25km	64	Jamie	FRANKUM	2070	Male	Finished	OPEN	02:57:24.5	
Trail 25km	65	Janet	WIMSETT	2055	Female	Finished	V60	02:58:30.2	EALING EAGLES RUNNING CLUB
Trail 25km	66	Caroline	HARRIS	2029	Female	Finished	V50	02:58:30.7	EALING EAGLES RUNNING CLUB
Trail 25km	67	Florian	KRIEGLER	2010	Male	Finished	V40	03:00:47.3	WEST 4 HARRIERS
Trail 25km	68	John	KENNY	2086	Male	Finished	V50	03:01:25.9	EALING EAGLES RUNNING CLUB
Trail 25km	69	Jeannie	AMBERG	2078	Female	Finished	OPEN	03:02:50.2	
Trail 25km	70	Katie	DRIVER	2056	Female	Finished	V50	03:03:22.8	
Trail 25km	71	Barbro	JULIN	2103	Female	Finished	V60	03:03:54.6	EALING SOUTHALL & MIDDLESEX AC
Trail 25km	72	Sennita	BONNER	2044	Female	Finished	OPEN	03:04:41.7	
Trail 25km	73	Yu	NAGANUMA	2025	Female	Finished	V40	03:05:15.8	
Trail 25km	74	Sophie	COOK	2031	Female	Finished	OPEN	03:05:19.3	
Trail 25km	75	Kate	LANIGAN	2003	Female	Finished	V40	03:07:00.3	
Trail 25km	76	Andy	WALKER WISEMAN	2027	Male	Finished	V40	03:08:32.9	EALING EAGLES RUNNING CLUB
Trail 25km	77	Brenda	ANENA	2035	Female	Finished	V40	03:08:43.2	BLACK GIRLS DO RUN UK
Trail 25km	78	Andy	HEALE	2034	Male	Finished	V40	03:08:45.0	WEST 4 HARRIERS
Trail 25km	79	Marc	AMBERG	2080	Male	Finished	OPEN	03:08:45.9	
Trail 25km	80	Michael	KRAUTZBERGER	2083	Male	Finished	V50	03:10:09.5	SERPENTINE RUNNING CLUB
Trail 25km	81	David	BONE	2121	Male	Finished	V60	03:10:41.7	EALING EAGLES RUNNING CLUB
Trail 25km	82	Linda	AGYEMANG	2048	Female	Finished	V40	03:12:49.7	BLACK GIRLS DO RUN UK
Trail 25km	83	Jane	ROSE	2047	Female	Finished	V50	03:12:49.8	BLACK GIRLS DO RUN UK
Trail 25km	84	Teresa	ANDERSON	2064	Female	Finished	V60	03:13:19.5	EALING EAGLES RUNNING CLUB



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Trail 25km	85	Krystal	EVANS	2065	Female	Finished	V40	03:13:21.2	EALING EAGLES RUNNING CLUB
Trail 25km	86	Sharon	PRENDERGAST	2079	Female	Finished	V50	03:14:04.2	BGR10
Trail 25km	87	Natalie	SMITH	2050	Female	Finished	V50	03:14:11.7	BLACK GIRLS DO RUN
Trail 25km	88	Marcia	CARVALHO	2075	Female	Finished	V50	03:15:11.5	
Trail 25km	89	Eben	RACKHAM	2068	Male	Finished	OPEN	03:16:53.7	
Trail 25km	90	Trevor	PASK	2001	Male	Finished	V60	03:19:04.7	EALING EAGLES RUNNING CLUB
Trail 25km	91	Zsófia	MICZINGER	2061	Female	Finished	OPEN	03:35:47.0	
Trail 25km	92	Roz	FAGAN	2067	Female	Finished	OPEN	03:36:48.8	
Trail 25km	93	Baljit	DHANDA	2062	Male	Finished	V60	03:40:53.1	EALING EAGLES RUNNING CLUB
Trail 25km	94	Caroline	RUSH	2063	Female	Finished	V50	03:40:53.6	EALING EAGLES RUNNING CLUB
Trail 25km	95	Rose	MCGRATH	2012	Female	Finished	V60	03:42:33.9	EALING EAGLES RUNNING CLUB
Trail 25km	96	Eloise	NASH	2058	Female	Finished	OPEN	03:43:28.5	OXTED LADIES RUNNING CLUB
Trail 25km	97	Patricia	KING	2020	Female	Finished	V60	03:46:21.9	BGDRUK
Trail 25km	98	Che	ODLUM-DE VIVENO	2009	Female	Finished	V50	03:46:23.6	
Trail 25km	99	Lisa-Marie	BRADNOCK	2017	Female	Finished	V40	03:46:23.8	BLACK GIRLS DO RUN UK
Trail 25km	100	Susan	HINTON	2037	Female	Finished	V50	03:58:49.7	EALING EAGLES RUNNING CLUB
Trail 25km	101	Philip	VAUGHAN	2023	Male	Finished	V50	04:03:51.7	
Trail 25km	102	Lynette	MILLER	2005	Female	Finished	V60	04:03:52.2	EALING SOUTHALL & MIDDLESEX AC
Trail 25km	103	Eamonn	FLYNN	2006	Male	Finished	V60	04:03:52.2	EALING SOUTHALL & MIDDLESEX AC
Trail 25km	104	Kirsty	SULLIVAN	2008	Female	Finished	V50	04:09:07.9	
Trail 25km	105	Emily	WOLSKI	2018	Female	Finished	V40	04:10:07.2	
Trail 25km	106	David	MECHAM	2019	Male	Finished	V40	04:10:08.9	
Trail 25km	107	Angela	ROBINSON	2015	Female	Finished	V50	04:21:36.9	
Trail 25km	108	Tracy	ROBINSON	2016	Female	Finished	V50	04:21:40.8	
Trail 25km	109	Sacha	LUMLEY	2049	Female	Finished	V40	04:22:47.3	BLACK GIRLS DO RUN UK
Trail 25km	110	Gillian	LAW	2041	Female	Finished	V60	05:12:53.1	NUFFIELD
Trail 25km	111	Karen	KING	2042	Female	Finished	V60	05:22:35.3	
Trail 25km	112	Ewa	WLODARSKA	2024	Female	Finished	OPEN	05:22:40.9	



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Trail 25km	113	Alex	BANDARIAN	2026	Male	Finished	OPEN	05:22:42.2	
Trail 25km	114	Gayle	MUNRO	5042	Female	Finished	V40	05:33:43.7	
Trail 25km	115	Angela	ROWE	2004	Female	Finished	V60	05:45:14.5	EALING EAGLES RUNNING CLUB
Trail 25km	116	Dorota	MATUSZEWSKA	2007	Female	Finished	V60	05:45:17.6	EALING EAGLES RUNNING CLUB
Trail 25km	117	Sharon	HODSON	2011	Female	Finished	V60	06:05:18.0	EALING EAGLES RUNNING CLUB
Trail 25km	118	Teresa	CONNOLLY	2014	Female	Finished	V50	06:05:21.6	EALING EAGLES RUNNING CLUB
Trail 25km		Rosemary	MILNE	2021	Female	DNF	V60		SADDLEDRUNK CC
Trail 25km		Andrea	RYDER	2022	Female	DNF	V50		
Trail 25km		James	MENDEL	2038	Male	DNF	OPEN		PITSHANGER PARK RUNNERS
Trail 25km		Kamel	SEKKAI	2119	Male	DNF	V40		