



START LIST - Saturday 22 March 2025

First Name	Last Name	Challenge	Wave No.	Arrival time	Wave start time
Kiki	Abay	Trail 25km	10	09:25	10:10
Eszter	Adam	Ultra 50km	1	06:45	07:15
Anthony	Adams	Trail 25km	12	09:45	10:30
Elizabeth	Adams	Ultra 50km	4	07:00	07:45
Oluwaseun	Adediji	Trail 25km	13	09:55	10:40
Adebola	Adediran	Ultra 50km	5	07:10	07:55
Lourdes	Agapito-Vicente	Trail 25km	13	09:55	10:40
Linda	Agyemang	Trail 25km	12	09:45	10:30
Suzanne	Allen	Trail 25km	12	09:45	10:30
Jeannie	Amberg	Trail 25km	11	09:35	10:20
Marc	Amberg	Trail 25km	11	09:35	10:20
Teresa	Anderson	Trail 25km	10	09:25	10:10
Brenda	Anena	Trail 25km	10	09:25	10:10
Isra	Aouni	Trail 25km	11	09:35	10:20
Alan	Armstrong	Ultra 50km	4	07:00	07:45
Caitlin	Arnold	Ultra 50km	5	07:10	07:55
Dineke	Austin	Ultra 50km	3	06:55	07:35
Andy	Ball	Ultra 50km	4	07:00	07:45
Alex	Bandarian	Trail 25km	9	09:15	10:00
Nurideen	Bashir	Trail 25km	14	10:00	10:50
Carla	Baverstock	Ultra 50km	6	07:20	08:05
Tom	Bebb	Ultra 50km	8	07:45	08:30
Paula	Bedford	Ultra 50km	4	07:00	07:45
Lara	Bencini	Trail 25km	13	09:55	10:40
Clement	Berthet	Ultra 50km	7	07:30	08:15
Alison	Billinge	Ultra 50km	2	06:50	07:25
Dan	Bland	Trail 25km	14	10:00	10:50
David	Bone	Ultra 50km	6	07:20	08:05
David	Bone	Trail 25km	13	09:55	10:40
Sennita	Bonner	Trail 25km	11	09:35	10:20
Lisa-Marie	Bradnock	Trail 25km	13	09:55	10:40
Louis	Brady	Trail 25km	10	09:25	10:10
Jonny	Bramley	Trail 25km	13	09:55	10:40
Steve	BREWER	Ultra 50km	4	07:00	07:45
Kathleen	Brooks	Trail 25km	12	09:45	10:30
Peter	Brown	Ultra 50km	2	06:50	07:25
Robert	Brown	Trail 25km	14	10:00	10:50
Levi	Buckland	Trail 25km	12	09:45	10:30
Spencer	Buksh	Ultra 50km	7	07:30	08:15
Tom	Burns	Trail 25km	12	09:45	10:30
Nicola	Burston	Ultra 50km	2	06:50	07:25
Yvette	Burton	Ultra 50km	4	07:00	07:45
mirko	buzzelli	Ultra 50km	7	07:30	08:15
Tessa	Campbell	Ultra 50km	2	06:50	07:25
Sean	Carey	Ultra 50km	4	07:00	07:45
David	Carlin	Ultra 50km	4	07:00	07:45



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First Name	Last Name	Challenge	Wave No.	Arrival time	Wave start time
Marcia	Carvalho	Trail 25km	11	09:35	10:20
Franswa	Ceustermans	Ultra 50km	5	07:10	07:55
Michael	Charles	Ultra 50km	3	06:55	07:35
Nicholas	Clark	Ultra 50km	4	07:00	07:45
Emma	Clarke	Ultra 50km	4	07:00	07:45
Federico	Clonfero	Trail 25km	14	10:00	10:50
Jamie	Collyer	Ultra 50km	8	07:45	08:30
Sean	Connolly	Trail 25km	11	09:35	10:20
Teresa	Connolly	Trail 25km	9	09:15	10:00
Teresa	Connolly	Trail 25km	10	09:25	10:10
Sophie	Cook	Trail 25km	14	10:00	10:50
Rosie	Cordy	Trail 25km	13	09:55	10:40
Daniel	Cornelius	Ultra 50km	3	06:55	07:35
William	Cox	Ultra 50km	3	06:55	07:35
Will	Creasy	Ultra 50km	6	07:20	08:05
Una	Crotty-Joyce	Ultra 50km	2	06:50	07:25
Tom	Davies	Trail 25km	12	09:45	10:30
Rafael	Davison Agapito	Ultra 50km	4	07:00	07:45
Terena	de Abaitua-Hind	Ultra 50km	4	07:00	07:45
Alister	De Wys	Ultra 50km	6	07:20	08:05
Elrica	Degirmen	Trail 25km	10	09:25	10:10
Baljit	Dhanda	Trail 25km	10	09:25	10:10
Sarah	Dhanda	Trail 25km	10	09:25	10:10
Indy	Dhanjal	Ultra 50km	3	06:55	07:35
Andrew	Disley	Ultra 50km	2	06:50	07:25
Katie	Driver	Trail 25km	10	09:25	10:10
Lourens	du Plessis	Trail 25km	12	09:45	10:30
Laura	Egerton	Ultra 50km	7	07:30	08:15
Gaby	Ellis	Ultra 50km	6	07:20	08:05
Krystal	Evans	Trail 25km	10	09:25	10:10
Roz	Fagan	Trail 25km	10	09:55	10:40
Nayane	Ferreira	Trail 25km	14	10:00	10:50
Grace	Filmer	Ultra 50km	5	07:10	07:55
Keith	Fingland	Ultra 50km	8	07:45	08:30
Julia	Fitzgerald	Trail 25km	14	10:00	10:50
Lynne	Fitzgerald	Ultra 50km	2	06:50	07:25
Eamonn	Flynn	Trail 25km	9	09:15	10:00
Rachel	Foster	Trail 25km	10	09:25	10:10
jamie	frankum	Trail 25km	10	09:25	10:10
jamie	frankum	Trail 25km	10	09:25	10:10
Jess	Furness	Ultra 50km	6	07:20	08:05
Jack	Furniss	Trail 25km	14	10:00	10:50
Wendy	Gainham	Ultra 50km	3	06:55	07:35
Thomas	Georgeson	Ultra 50km	6	07:20	08:05
Anuj	Ghai	Trail 25km	12	09:45	10:30
David	Goodenough	Ultra 50km	5	07:10	07:55



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First Name	Last Name	Challenge	Wave No.	Arrival time	Wave start time
Gina	Gouvinhas	Trail 25km	11	09:35	10:20
Michael	Grant	Trail 25km	14	10:00	10:50
Andy	Grey	Ultra 50km	8	07:45	08:30
Patrick	Griffin	Trail 25km	14	10:00	10:50
Michelle	Grimley	Trail 25km	11	09:35	10:20
Hazel	Guha	Ultra 50km	3	06:55	07:35
Catherine	Gunnewicht	Ultra 50km	2	06:50	07:25
Annette	Hack	Ultra 50km	6	07:20	08:05
Ben	Hagreen	Trail 25km	14	10:00	10:50
Edward	Hand	Trail 25km	13	09:55	10:40
Caroline	Harris	Trail 25km	11	09:35	10:20
Dave	Harrison	Ultra 50km	7	07:30	08:15
Gavin	Haynes	Trail 25km	12	09:45	10:30
Andy	Heale	Trail 25km	10	09:25	10:10
Rachel	Hearson	Trail 25km	11	09:35	10:20
Helen	Hickman	Trail 25km	13	09:55	10:40
Susan	Hinton	Trail 25km	10	09:25	10:10
Jennifer	Hodson	Ultra 50km	2	06:50	07:25
sharon	hodson	Trail 25km	9	09:15	10:00
Odin	Hogsbro	Ultra 50km	5	07:10	07:55
Jessica	Hood	Trail 25km	11	09:35	10:20
Lone Poulsen	Hubbard	Ultra 50km	3	06:55	07:35
Laura	Hughes	Trail 25km	13	09:55	10:40
Eloise	Irving	Trail 25km	11	09:35	10:20
Alistair	Jacob	Trail 25km	14	10:00	10:50
Andy	James	Ultra 50km	1	06:45	07:15
Stuart	James	Ultra 50km	4	07:00	07:45
Dave	Jeffreys	Ultra 50km	7	07:30	08:15
Conor	Johnson	Ultra 50km	5	07:10	07:55
David	Jollie	Trail 25km	14	10:00	10:50
Barbro	Julin	Trail 25km	14	10:00	10:50
Kelli	Jurges	Ultra 50km	4	07:00	07:45
Piers	Keenleyside	Ultra 50km	3	06:55	07:35
Mark	Kendall	Ultra 50km	5	07:10	07:55
John	Kennedy	Ultra 50km	6	07:20	08:05
John	Kenny	Trail 25km	12	09:45	10:30
John	Kenny	Trail 25km	12	09:45	10:30
Sarah	Kern	Ultra 50km	5	07:10	07:55
Karen	King	Trail 25km	9	09:15	10:00
Patricia	King	Trail 25km	9	09:15	10:00
Anna	Kinsey	Ultra 50km	6	07:20	08:05
Robert	Kipling	Trail 25km	12	09:45	10:30
Craig	Kirkwood	Ultra 50km	2	06:50	07:25
Rebecca	Knight	Trail 25km	10	09:25	10:10
Emre	Kose	Trail 25km	13	09:55	10:40
Tara	Kose	Trail 25km	12	09:45	10:30



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First Name	Last Name	Challenge	Wave No.	Arrival time	Wave start time
Duncan	Kottler	Ultra 50km	5	07:10	07:55
Michael	Krautzberger	Trail 25km	13	09:55	10:40
Florian	Kriegler	Trail 25km	14	10:00	10:50
Alan	Krisciunas	Ultra 50km	4	07:00	07:45
Damien	Lane	Ultra 50km	7	07:30	08:15
Kate	Lanigan	Trail 25km	12	09:45	10:30
Gillian	Law	Trail 25km	9	09:15	10:00
Katy	Lawrence	Trail 25km	13	09:55	10:40
jose luis	lee moreno	Trail 25km	11	09:35	10:20
Nic	Lempriere	Ultra 50km	3	06:55	07:35
Manon	Lewis	Trail 25km	12	09:45	10:30
Alice	Light	Trail 25km	13	09:55	10:40
Paul	Littlewood	Trail 25km	12	09:45	10:30
Sacha	Lumley	Trail 25km	9	09:15	10:00
Holly	MacAskill	Ultra 50km	2	06:50	07:25
KELLY	MADDISON	Ultra 50km	4	07:00	07:45
Susan	Maddison	Ultra 50km	4	07:00	07:45
Marianne	Malam	Trail 25km	12	09:45	10:30
Monika	Maniak-Griffiths	Trail 25km	13	09:55	10:40
Jonathan	Martin	Trail 25km	14	10:00	10:50
Dorota	Matuszewska	Trail 25km	10	09:25	10:10
Rose	Mcgrath	Trail 25km	10	09:25	10:10
David	Mecham	Trail 25km	14	10:00	10:50
James	Mendel	Trail 25km	14	10:00	10:50
Mateus	Mendonca Pimenta	Ultra 50km	5	07:10	07:55
Zsófia	Miczinger	Trail 25km	10	09:25	10:10
Lynette	Miller	Trail 25km	9	09:15	10:00
Ginny	Mills	Trail 25km	10	09:25	10:10
Rosemary	milne	Trail 25km	9	09:15	10:00
James	Monaghan	Ultra 50km	8	07:45	08:30
Dean	Moody	Ultra 50km	4	07:00	07:45
Dennis	Mooney	Trail 25km	11	09:35	10:20
Amy	Moore	Trail 25km	12	09:45	10:30
Matthew	Mortimer-Ryan	Trail 25km	14	10:00	10:50
Lionel	Mullin	Ultra 50km	2	06:50	07:25
Gayle	Munro	Ultra 50km	1	06:45	07:15
Maeve	Murray-Smith	Trail 25km	9	09:15	10:00
Yu	Naganuma	Trail 25km	9	09:15	10:00
Imelda	Napier	Trail 25km	10	09:25	10:10
Eloise	Nash	Trail 25km	10	09:25	10:10
Matt	Nash	Ultra 50km	4	07:00	07:45
Tom	Newman	Trail 25km	13	09:55	10:40
Kim	Nicholls	Ultra 50km	6	07:20	08:05
Robin	North	Ultra 50km	5	07:10	07:55
Judith	O'Driscoll	Trail 25km	9	09:15	10:00
Tom	O'Gara	Ultra 50km	4	07:00	07:45



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First Name	Last Name	Challenge	Wave No.	Arrival time	Wave start time
Carole	O'Leary	Trail 25km	12	09:45	10:30
Tamara	O'Sullivan	Trail 25km	13	09:55	10:40
Che	Odlum-de Vivenot	Trail 25km	10	09:25	10:10
Jill	Olsen	Ultra 50km	3	06:55	07:35
Beverley	Packwood	Ultra 50km	4	06:55	07:35
Trevor	Pask	Trail 25km	13	09:55	10:40
Chirag	Patel	Ultra 50km	4	07:00	07:45
Vanessa	Paul	Ultra 50km	5	07:10	07:55
Nicola	Penty-Alvarez	Trail 25km	14	10:00	10:50
Meri	Pesola	Ultra 50km	3	06:55	07:35
sophie	pesticcio	Trail 25km	10	09:25	10:10
Julia	Peters	Ultra 50km	3	06:55	07:35
Stephan	Peters	Ultra 50km	3	06:55	07:35
Stu	Plumb	Trail 25km	13	09:55	10:40
steven	Poole	Trail 25km	12	09:45	10:30
Sharon	Prendergast	Trail 25km	11	09:35	10:20
Andy	Price	Ultra 50km	7	07:30	08:15
Stephen	Price	Ultra 50km	7	07:30	08:15
Helen	Quinn	Trail 25km	10	09:25	10:10
Shan	Rahulan	Ultra 50km	5	07:10	07:55
Miguel	Ramos	Ultra 50km	6	07:20	08:05
Mark	Randall	Trail 25km	14	10:00	10:50
Catryn	Rees	Trail 25km	12	09:45	10:30
Jean Daniel	Reynier	Ultra 50km	6	07:20	08:05
Denise	Roach	Ultra 50km	2	06:50	07:25
Keith	Roberts	Trail 25km	11	09:35	10:20
Angela	Robinson	Trail 25km	9	09:15	10:00
Tracy	Robinson	Trail 25km	9	09:15	10:00
Jane	Rose	Trail 25km	10	09:25	10:10
Angela	Rowe	Trail 25km	9	09:15	10:00
Ed	Rowland	Ultra 50km	5	07:10	07:55
Caroline	Rush	Trail 25km	10	09:25	10:10
Andrew	Russell	Ultra 50km	5	07:10	07:55
Andrea	Ryder	Trail 25km	9	09:15	10:00
Zuzana	Samaj	Trail 25km	11	09:35	10:20
Jasmine	Sandalli	Ultra 50km	4	07:00	07:45
Christos	Saraf El Ntin	Ultra 50km	3	06:55	07:35
Jeremy	Sawyer	Ultra 50km	5	07:10	07:55
Werner	Schütz	Trail 25km	13	09:55	10:40
Dom	Scott	Trail 25km	12	09:45	10:30
Tony	Scott	Ultra 50km	4	07:00	07:45
Kamel	Sekkai	Trail 25km	14	10:00	10:50
Paul	Sharrocks	Ultra 50km	8	07:45	08:30
Donna	Shearn	Trail 25km	9	09:15	10:00
Cameron	Sidhu	Trail 25km	13	09:55	10:40
Matthew	Smart	Ultra 50km	2	06:50	07:25



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First Name	Last Name	Challenge	Wave No.	Arrival time	Wave start time
Natalie	Smith	Trail 25km	10	09:25	10:10
Carl	Soutra	Trail 25km	11	09:35	10:20
Nick	Spellman	Ultra 50km	5	07:10	07:55
Sarah	Spriggs	Trail 25km	11	09:35	10:20
Andy	Spurr	Ultra 50km	8	07:45	08:30
Richard	Sturdy	Ultra 50km	7	07:45	08:30
Kirsty	Sullivan	Trail 25km	9	09:15	10:00
Iain	Sutherland	Ultra 50km	6	07:20	08:05
Bernard	Szczech	Ultra 50km	4	07:00	07:45
Matthew	Tassier	Ultra 50km	6	07:20	08:05
Guillaume	Thevenot	Ultra 50km	6	07:20	08:05
Philip	Vaughan	Trail 25km	9	09:15	10:00
Stephane	Vessaud	Ultra 50km	6	07:20	08:05
Al	Wa	Ultra 50km	6	07:20	08:05
Andy	Walker Wiseman	Trail 25km	9	09:15	10:00
Dominic	Wallace	Trail 25km	13	09:55	10:40
Charlotte	Whitfield	Trail 25km	12	09:45	10:30
Jane	Whittaker	Trail 25km	14	10:00	10:50
LEIGH	WILLOUGHBY	Ultra 50km	6	07:20	08:05
Ian	Wimsett	Trail 25km	12	09:45	10:30
Janet	Wimsett	Trail 25km	11	09:35	10:20
Gary	Winstanley	Ultra 50km	5	07:10	07:55
Ewa	Wlodarska	Trail 25km	9	09:15	10:00
Emily	Wolski	Trail 25km	12	09:45	10:30
Joseph	Wood	Ultra 50km	5	07:10	07:55
Daniel	Yankah	Trail 25km	9	09:15	10:00
Áine	Yue	Trail 25km	12	09:45	10:30
Luke	Zaparaniuk	Trail 25km	14	10:00	10:50